



Our Nicotine and Marijuana Policy

Nicotine, marijuana, and marijuana related products (CBD) negatively impact healing and can cause unwanted and avoidable surgical complications. Because of this, we have a NO NICOTINE and NO MARIJUANA USE POLICY.

Patients must be nicotine, marijuana, and CBD free for AT LEAST SIX WEEKS PRIOR TO SURGERY.

We ask you avoid all smoking, vaping, and use of edibles or oils. You may not use any nicotine replacement therapy such as nicotine patches, nicotine chewing gum, nicotine lozenges, vapes, or hookahs. You must refrain from using e-cigarettes and herbal cigarettes, even if they do not have nicotine in them. You must also avoid second and third hand smoke. If you are able to smell it, you must avoid it.

There are medications that can help you quit smoking that we may approve you to use, but these would need to be prescribed from your primary care physician. Please contact us or your primary doctor for more information.

We understand that some patients may have prescriptions for medical marijuana, however it still can negatively impact your surgical outcome. Patients with prescriptions for medical marijuana must let our staff know and will also need to contact their prescribing physician for an alternative.

Please be aware that our office requires random nicotine and THC testing as frequently as once a week. These visits take about 10 minutes to complete. We understand that our patients lead busy lives and we typically will grant our patients 48 hours to comply with a request for an in-office screening, but we do require that you have a scheduled appointment.

If testing is positive, your surgery may need to be postponed to help reduce your risk of complications.

By lack of disclosing nicotine or marijuana use, you are putting yourself at risk for adverse events including the risk of hospitalization and re-operation.

By signing below, you are acknowledging our policy.

Thank you for your cooperation.

Patient/Guardian Name _____

Patient/Guardian Signature _____

Date ____/____/____